



Our Menu

Blessed Beverages

Irish Moss	4.99
Coffee	
8oz.	1.75
12 oz.	2.25
16 oz.	2.75
Tahitian Limeade	3.99
Lilikoi Lemonade	2.99
Coconut H2O	
12 oz.	4.50
16 oz.	6.00
Matcha Latte.	3.99
Reed's Ginger Ale	1.75
Virgils's Root Beer	2.25

Elixirs

Golden Sun	6.00
Ginger Cooler	4.50
Cacao-fee	
12 oz.	3.49
16 oz.	4.49

Fresh Organic / Island Juices

Juice

9 oz	3.00
12 oz.	3.50

Fresh carrot-based juice

12 oz.	5.00
16 oz.	6.25

Fresh juice (other)

12 oz.	7.00
16 oz.	8.25

Ginger Ale 5.00

Pink Lemonade 5.00

Made in the Shade 5.00

Lean Green 5.00

Shots

Hot Cacao.	3.00
Roots Tonic	4.00
Noni	1.99
Burning Love	2.50
Goji	2.50
Raw chocolate-ginger	2.50
Matcha Energy	2.50
Lemon-ginger-aloe	2.50
Garlic-ginger-lemon-cayenne	2.50

Splendid Tropical Smoothies

Cloud Nine	7.25
Miss American Chai	5.50
Green Energy	7.25
Acai Smoothie	6.25
Special Smoothie	6.25
Karma Aina	6.25
Pina Colada	6.25
Jahblammie	6.25
Lemon Meringue	6.25
P-nut Budder	6.25
Strawberry Dream	6.25
Coco-Loco	6.25

Tip-toe through the Tea Garden

Tea.	1.99
Chai (soy/rice/LIVE\$)	2.99
Govindas brand of juice	
Orange (pint)	3.99
Orange (quart)	6.99
Pineapple	3.99
Orange-pineapple	3.99
Apple-strawberry	4.50
Apple	3.99
Grapefruit	4.50

Ice Crème

4 oz. ice crème	3.99
8 oz. ice crème	5.99
Root Beer Float.	5.50
Live Papaya Sundae	7.00
Daily Special Sundae	7.00

Baked Goods: The possibilities are endless

Cookies	2.49
Cashew Goodies	2.99
Dakine No Bake Bon-Bons	1.99

Breakfast Treats

Sweet breads (banana, etc.)	2.25
Scones	2.49
Koffee Klawls	2.99
Cinnamon rolls/Pecan sticky bunz	3.99
Muffins	2.49
Mini-muffins.	1.99
Erin's Big Love Muffins	2.99
Coffee Cake Muffins	2.99

Treats

Kava Brownies	2.99
Mayan Wonder Bars	3.49
Slice of Pie	
8 slice pie	4.99
10 slice pie	3.99
Slice of Cake	
Cupcakes	3.49

Bread

Small kine loaf of bread	3.99
Loaf of bread	4.99
Pitas	5.99
Foccacia	4.99

Live Treats

Live Pies	5.99
Cinnamon Rolls	3.99
Live Fudge	3.99
Energy Bars	4.99
Goo Balls	3.99
Live Cookies	3.49
Live Muffins w/buddery spread	3.99

Breakfast Specials

Burrito	4.99
Grawnola w/Live mylk	5.99
Yogurt, fruit, grawnola	6.99
Acai, fruit, grawnola	6.99
Frittata	3.99

Lunch Specials

Spring Rolls	3.99
Live Pizza	5.99
Samosas	3.99
Quiche/Casserole	4.99

Specials

Breakfast	varies
Lunch	varies
Open Miscellaneous	varies

To Go Items

Hummus	4.99
Pate	4.99
Coleslaw	4.99
Seaweed Salad	6.99
Sauerkraut	3.99
Tuna-free wrap	5.99
Hummus wraps	5.99
Kornbread	3.99
Garden Salad	7.00
Greek Salad	8.00

Retail Food

Flax Crax	9.99
Live Grawnola	11.99
Tortilla Chips	2.99
Spirulina Popcorn	2.99
Snacks	varies
Kettle Chips	1.25
Dagoba Chocolate Bar	3.25